



**BREEDE RIVER CHALLENGE:
27 FEBRUARY 2010 **LEAGUE RACE****

**Runners & Walkers: 07:00 @
Opposite Outdoor Arena, Main Street, Bonnievale**
www.bonnievale.co.za / Johan 082 558 0420 / johan.rheeders@parmalat.co.za

Distances: 21,1 km (3 hours) _____
10 km (2 hours limit) _____
5 km Fun Run (1 hour limit) _____

*R10 raffle tickets
for sale for
cheese valued at
R1499,00*

Surname: _____ Name: _____
Postal Address: _____ Category: _____
Telephone no: _____ Male _____ Female _____
Club: _____ & No: _____ OR Temporary No: **T** _____
Date of birth: _____ Age: _____ E-mail: _____

Entry fees: (Entries on day of race from 05:30 till 06:45 opposite Outdoor Arena)

21,1 km (16 years +): R 45,00 _____
10 km (15 years +): R 30,00 _____
5 km Fun Run R 20,00 _____

Temporary Licenses for non-club athletes (wear in front):

21,1 km R 25,00 _____
10 km R 20,00 _____
TOTAL _____

PRIZES

Men & Women	21,1km					10km				
	16-19(J)	OPEN	40-49	50-59	60+	15-19(J)	OPEN	40-49	50-59	60+
1 st	R150	R400	R250	R150	R150	R150	R250	R200	R 150	R100
2 nd	R100	R300	R150	R100	R 75	R100	R200	R100	R 75	R 75
3 rd	R 50	R200	R100	R 50	R 50	R 50	R150	R 75	R 50	R 50

Age category tags compulsory if eligible for age category prizes.

Medals for all that finish within time limit. **Prizes and lucky draws @ 10:00.**

RUN ACCORDING TO RULES OF A.S.A. AND BOLAND

I declare that I participate as an amateur and that I shall participate in this race at my own risk. I indemnify the organizers and sponsors of this race against any claims, which may result from my participation.

Signature of Participant

Signature of guardian (if under 18 years)